



YMCA OF THE PRAIRIE  
YMCA at GOTHENBURG HEALTH



# SUMMER 2024 PROGRAM GUIDE



**Find Your Fun!**  
**OUTDOOR SWIMMING!**

**Opens Wednesday, May 29**  
Weather Permitting

Hours: Noon-8 p.m.  
(Adult laps only from Noon-1 p.m.)

Season Passes Available Starting May 1  
Family Summer Pass: \$80  
Single Summer Pass: \$55

Day Passes: \$6 Individual/\$18 Family  
Family Time Day Pass (5-7 p.m.) \$11

Pool Parties: \$110 for 20 people  
\$5 each additional person

## BUILD CONFIDENCE WITH EVERY STROKE

### Public Swim Lessons

June 10-14

Level 1 — 10-10:30 a.m., 10:30-11 a.m., 11-11:30 a.m., 11:30 a.m.-Noon

Level 2 — 10-10:30 a.m., 10:30-11 a.m., 11-11:30 a.m., 11:30 a.m.-Noon

Levels 3-5 — 9-9:45 a.m.

Class Limit: 4 each session Fee: \$30 members or non-members

Register by June 3

### ADULT PROGRAMS

#### Coed Softball League

Fridays, 6/7-8/9

6-9 p.m. Ages 18+

Register by 6/4 Limit: 10 teams

Fee: \$175 per team

#### Coed Fall Volleyball League

Thursdays, 9/5-11/7, 6-9 p.m.

Register by 8/31

Limit: 10 teams Ages 18+

Fee: \$175 per team

#### Harvest Festival Coed Softball Tournament

Sunday, 9/15, 9 a.m.-4 p.m.

Register by 9/8, Ages: 18+

Fee: \$100 per team

Limited to 10 teams

#### Group Exercise Classes

Group exercise classes are included in your YMCA membership. Classes are offered at various times each day. See a schedule at the YMCA.

### YOUTH SPORTS

#### Baseball/Softball

T-Ball: Ages 5-6, Wednesdays, 6-8 p.m.  
5/22-6/26, Register by 5/12

Fee: \$40 M/\$55 NM

Coach Pitch Baseball: Ages 7-9, M & Th.  
5/20-6/27, 6-8:15 p.m.

Register by 5/3 Fee: \$40 M/\$55 NM

Blast Ball: Ages 3-4, Wednesdays,  
6-7 p.m. 5/22-6/12, Register by 5/12

Fee: \$20 M/\$30 NM

Coach Pitch Softball: Ages 7-8, M & Th.,  
6-8:15 p.m. 5/20-6/27, Register by 5/3

Fee: \$40 M/\$55 NM

#### Youth Flag Football

Mondays, 8/19-9/23

Ages 5-6: 6-7 p.m.

Tuesdays, 8/20-9/24

Ages 7-8: 6-7 p.m.

Register by 8/12 for both leagues

Fee: \$40 M/\$60 NM

YMCA jersey required

#### Rookie Flag Football

Tuesdays, 8/20-9/10

Ages 3-4: 5:30-6 p.m.

Register by 8/13

Fee: \$30 M/\$45 NM

YMCA Jersey Required

### YOUTH PROGRAMS

#### Safe Sitter

5/29, 1-3 p.m. Ages: 11-14

Fee: \$45 Class limit: 8

Register by 5/17

#### Fishing Clinic

6/3-6/6, 9-11:30 a.m. Ages: 6-13

Fee: \$40 M/\$50 NM

Class limit: 20

Register by 5/31

Register for programs in person at the YMCA, by calling (308) 537-9622 or scanning the QR code.



 Scholarships available for memberships and programs based on financial need.