



YMCA OF THE PRAIRIE YMCA AT GOTHENBURG HEALTH SPRING 2024 PROGRAM GUIDE



YOUTH SPORTS & FITNESS

Youth Soccer

Ages 3-4: Mon., 6-6:45 p.m.
3/28-4/18, Register by 3/18
Ages 5-6: Mon. 6-7 p.m.
3/25-4/29, Register by 3/18
Ages 7-8: Tues. 6-7:15 p.m.
3/26-4/30, Register by 3/18
Ages 9-11: Thurs. 6-7:15 p.m.
3/28-5/2, Register by 3/18
Fee: \$30 M/\$40 NM Ages 3-4
\$40 M/\$55 NM for all other ages

South-Central Nebraska Baseball & Softball League

5/9-6/27, Baseball: TU/TH games
Softball: MON/WED games
Divisions: Ages 9-10/11-12 as of
5/1/24, Rec. league with play at
home and in other Central Nebraska
towns. Register by 3/15
Fee: \$60 M/\$75 NM (jersey included)

Baseball/Softball

Blast Ball: Ages 3-4, Wed, 6 p.m.
5/22-6/11, Register by 5/12
Fee: \$20 M/\$30 NM
T-Ball: Ages 5-6, Wed, 6 p.m.
5/22-6/26, Register by 5/12
Fee: \$40 M/\$55 NM
Coach Pitch Baseball/Softball:
Ages 7-8, M & TH, 6-8:15 p.m.
5/20-6/27, Register by 5/12
Fee: \$40 M/\$55 NM

Youth Weight Training

Session 1: 3/13
(Register by 3/10)
Session 2: 4/17
(Register by 4/14)
Wed., 3:15-4 p.m.
Ages 11-14
Fee: \$15 Members Only

ADULT SPORTS & FITNESS

ST. PATTY'S 5K

Saturday, March 16, 9 AM

Location: Camp Comeca. All ages welcome!
Fee: \$25 — Register by March 16



SPRING PICKLEBALL TOURNAMENT

Saturday, April 6, 9 AM

Double Elimination Ages: 16+ Coed
Fee: \$40 per team — Register by April 3

A MEXICAN FIESTA FATHER-DAUGHTER DANCE

Saturday, March 2, 6-9 p.m.
Theme: A Mexican Fiesta
Ages 3-Grade 8 Register by 2/26
Fee: \$45 M/\$60 NM
Additional Daughter: \$10 M/\$15 NM



MOTHER SON PIRATE SHIP SHOWDOWN

Friday, March 15, 6-8 p.m.
Grades: K-6 Register by 3/12
Fee: \$45 M/\$60 NM
Build a pirate ship out of duct tape, cardboard
and scissors.

HEALTHY KIDS DAY[®] WEDNESDAY, APRIL 17

Time: 3:30-6 PM
Join us for FREE activities for kids and families
including vendor booths, games and other fun
at the YMCA!

HEALTHY KIDS DAY[®] COLOR RUN

Wednesday, April 17, 5:30 PM
Starts and ends at the YMCA
Fee: \$15 for ages 10 and younger
\$30 for ages 10 and older
Register by April 8 to receive race T-shirt

Register for programs at the Y or online at www.ymcaoftheprairie.org or call (308) 537-4022