

FALL 2020 PROGRAMS

YMCA AT GOTHENBURG HEALTH, Gothenburg

YOUTH SPORTS

Youth Flag Football

Tuesdays, 9/1-10/6
Ages 5-6: 6-7 p.m.
(Register by 8/26)
Ages 7-8: 7-8 p.m.
(Register by 8/21)
Fee: \$30 M/\$40 NM
plus \$15 jersey if
needed



Swim Team

Second week of September through
second week of March
Ages: Up to 18, Practice Times TBA
Fee: \$35 (must be a Y member) plus
\$40 for USA meet fees

Volleyball with the Swedes

Mondays, 11/2-11/30
Register by 10/30
Grades 1-3: 6-7 p.m.
Grades 4-6: 7-8 p.m.
Fee: \$30 M/\$40 NM plus \$15 jersey
if needed

ENRICHMENT & FUN

Speed & Agility Clinic

Mondays, 10/5-10/26, 6-7 p.m.
Grades: 4-6, Youth will develop
speed, agility and quickness that
benefits young athletes participating
in any sport. Register by 9/25, Fee:
\$15 M/\$20 NM

Safe Sitter®

Wednesdays, 9/16 & 9/23
Time: 2:45-4:30 p.m. Ages: 11-13
Safety, first aid and rescue skills,
and business tips
Register by 9/11
Fee: \$40 M/\$40 NM, Class Limit: 8

After School Program

Mondays-Fridays starting 9/8
Grades: K-6. After school until 6 p.m.
Includes snack, homework help,
games/activities and field trips.
Fee: \$179 per month M/\$278 per
month NM (10 percent discount
second child)
Registration Fee: \$55 M/\$72 NM



SPECIAL EVENTS!

HALLOWEEN SPOOKTACULAR EXTRAVAGANZA

Saturday, 10/31

Time: 1-3 p.m.

Ages: All

Two hours of fun, including crafts,
pumpkin painting, cookie decorating and
our popular haunted house
Pre-register or pay at the door
\$5 per person/\$15 per family

HALLOWEEN NERF WAR/ TARGET SHOOT

Sunday, 10/25

Time: 6-7 p.m.

Grades: K-6

The Y will be closed, but the gym will be in
full swing with a Halloween Glow-in-the-
Dark Nerf War and target shoot. Bring
your own Nerf gun. We will supply darts.
Pre-register or pay at the door
Prizes awarded for target shoot
Register by 10/23
Fee: \$5 M/\$10 NM

CHRISTMAS IN THE COUNTRY HOLIDAY CRAFT FAIR

Saturday, 11/21

Time: 9 a.m.-3 p.m.

Location: YMCA Gym

Vendor registration deadline is
Wednesday, 11/18 (\$35 per table)

GET BACK IN THE GAME!

Adult Coed Volleyball

Thursdays, 9/3-10/29, 6-10 p.m.
Register by 8/21
Ages 19+. Fee: \$150 per team

Harvest Festival Coed Softball Tournament

Sunday, 9/20, 10 a.m.
Register by 9/11, Ages: 19+
Fee: \$50 per team. Limited to 10 teams

Cornhole League

Thursdays, 11/5-12/17, 6-9 p.m.
Register by 10/23, Ages: 16+
Fee: \$40 per team/Limited to 24 teams

Register for programs at the Y or online at www.ymcaoftheprairie.org or call (308) 537-4022