

SPRING 2020 PROGRAMS

YMCA AT GOTHENBURG HEALTH, Gothenburg

YOUTH SPORTS

Youth Soccer

Ages 5-6: Mondays, 3/30-5/4
Ages 7-9: Tuesdays, 3/31-5/5
Ages 10-12: Thursdays, 4/2-5/7
Time: 6-7 p.m. for ages 5-6
and 6-7:30 p.m. for ages 7-12
Fee: \$30 M/\$40 NM
Jersey Fee: \$15
Register by 3/25

Baseball/Softball

Games 5/26-7/1
T-Ball: Ages 4-6, T & TH
Pee Wee Baseball: Ages 7-9, M & W
Little League: Ages 10-12, M & W
Softball: Grades 1-6, M & W
T-ball Time: 5-9 p.m.
Baseball/Softball: 6:30-9:30 p.m.
Fee: \$30 M/\$40 NM
Register by 4/24

YOUTH FITNESS

Speed & Agility Camp

Mondays, 3/2-3/23, 6-7 p.m.
Ages: 8-14
Register by 3/2
Fee: \$10 M/\$15 NM

ENRICHMENT & FUN

March Madness Hoop Shoot

Tuesday, 3/24, 6:30 p.m.
Grades: 3-6 with an adult (youth/
adult team will shoot from 5 spots)
Fee: \$10 M/\$15 NM Register by 3/20

School Day Out

Thursday & Friday, 3/12 & 3/13
8 a.m.-5 p.m. Ages: 5-12
Register by 3/6. Limit: 30
Fee: \$35 M/\$45 NM

Safe Sitter®

Wednesdays, 5/6 & 5/13
2:45-4:45 p.m. Ages: 11-14
Class limit: 8. Fee: \$40

Fishing Clinic

5/26-5/29, 9:30-11:30 a.m.
Ages: 6-13. Register by 5/15
Fishing basics. Fee: \$30 M/\$40 NM

ADULTS

Adult Coed Softball League

Fridays, 5/29-8/14, 6:30-9:30 p.m.
Ages 19+ Register by 5/15
Fee: \$200 per team for self umpiring
and \$250 per team to get umpires

BUILD A HAPPIER HEALTHIER KID

Week of the Young Child Kids Carnival & HEALTHY KIDS DAY® THURSDAY, APRIL 16

Time: 5:30-7:30 PM

Join us for FREE activities for kids and
families including vendor booths, games
and other fun at the YMCA!

LEPRECHAUN NERF WAR

Tuesday, 3/17, 6-7 p.m.
Ages 6-12
Register by 3/17
Fee: \$5 M/\$10 NM

YMCA OF THE PRAIRIE

Holdrege, Gothenburg, Lexington



EXERCISE YOUR HEART IN MORE WAYS THAN ONE

MEMBERSHIP

A YMCA membership gives you much more than
access to our facility. It helps you lead a healthier life
by building relationships, providing a way for you to
be part of your community and help others. A YMCA
membership sets you on the path to good health in
spirit, mind and body, helping you to enjoy living a full
and balanced life.

MEMBERSHIP FOR ALL

The YMCA of the Prairie offers financial assistance to
individuals and families who might otherwise not be
able to afford membership or program fees.

Thanks to our annual campaign, we are able to provide
financial assistance to qualifying individuals and families
so that everyone has a chance to learn, grow and thrive.
The financial assistance process is confidential, and
it's easy to apply. Ask a member associate at the front
desk of any of our branches about applying for financial
assistance.

YMCA CLOSINGS

Our YMCAs will be closed **Sunday, April 12, for Easter**
and **Monday, May 25, for Memorial Day.**

CHILD WATCH

All of our branches offer Child Watch, which is
supervised play for children at the YMCA while their
parents exercise at the Y. Please view our website at
www.ymcaoftheprairie.org/hours for Child Watch and
building hours at each branch.

YMCA MISSION

To put Christian principles into action through programs that
build a healthy spirit, mind and body FOR ALL.

REGISTRATION & FREE YMCA APP

Four ways to register for YMCA programs:



1) Visit www.ymcaoftheprairie.org
and click on Register. Choose
your branch, the program
you are interested in, and
sign up.

2) Stop by in person
at any of the three Y
locations

3) Pick up a phone and
give us a call.

4) Download the YMCA

Daxko app on Google Play or the App Store. With the
app, you can register for programs, check in and view
hours and schedules.

DOWNLOAD THE YMCA APP

- Search DAXKO in your smart phone's app store.
- Once DAXKO app is downloaded, open it and enter
Holdrege, Lexington or Gothenburg in the search
area to find YMCA of the Prairie.

Choose YMCA of the Prairie and then select your local
branch from the top drop-down list.

Coming Soon!

RIDE ACROSS THE PRAIRIE DICE RUN

A motorcycle ride featuring stops at all three YMCA of
the Prairie branches and other communities along the
way. Dice will be rolled at each stop for prizes.
Date and times TBA.

SUMMER UNPLUGGED AT YMCA DAY CAMPS

May 26-August 14

Kids will keep their brains and bodies active this summer with YMCA Day
Camp at the YMCA at Gothenburg Health. Camp will include games, gym time,
swimming, arts and crafts, and reading, math and science activities. Morning
and afternoon snacks will be provided. Campers should bring a sack lunch.

Ages: 5-12

Time: 8 a.m.-5 p.m. Monday-Friday

Registration begins 4/6. Register by 5/8

Member Fee: \$97 per week/\$25 per day/\$14 per half day

Non-Member Fee: \$130 per week/\$35 per day/\$20 per half day

Register for programs at the Y or online at www.ymcaoftheprairie.org or call (308) 537-4022