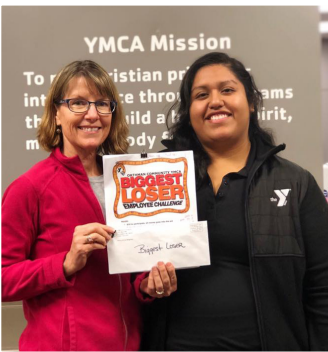


# HERE FOR YOU IN EVERY SEASON

SUMMER • FALL • WINTER • SPRING • TODDLERS • CHILDREN • TEENS • ADULTS • SENIORS



## YMCA OF THE PRAIRIE

DON SJOGREN COMMUNITY YMCA • 1415 Broadway • Holdrege

ORTHMAN COMMUNITY YMCA • 1207 N. Grant • Lexington

YMCA AT GOTHENBURG HEALTH • 910 20th Street • Gothenburg

# THROUGH EVERY SEASON



## STRENGTHENING OUR COMMUNITIES

The Y will be here for our community through every **SEASON OF LIFE** and **SEASON OF THE YEAR**.

It's a place where infants and toddlers find their first friends in YMCA Child Watch; kids and teens learn leadership skills and teamwork in YMCA programs like swim team, soccer and summer camp; adults gain the support and motivation they need to sustain a healthy lifestyle; and retirees stay active and connected with friends.

Volunteers in Holdrege, Lexington and Gothenburg didn't spend countless hours raising funds and support for just another fitness center. They knew the value and importance of a YMCA and how it can strengthen a community and the people who live in it.

Take a look inside our 2018 annual report to discover how the Y has been a catalyst for social change and improving the lives of South-Central Nebraskans this past year.

## OUR FOCUS

**We are for YOUTH DEVELOPMENT:** We believe that all kids deserve the opportunity to discover who they are and what they can achieve.

**We are for HEALTHY LIVING:** We strive to be a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests.

**We are for SOCIAL RESPONSIBILITY:** The Y listens to and responds to our communities' critical needs. Through our volunteers and donors, leaders and partners, we strive to empower our community members to be healthy, confident, connected and secure.

# MAKING AN IMPACT

**9,085 MEMBERS**

and 3,702 membership units  
are part of the YMCA OF THE  
PRAIRIE Association

**\$233,300**

was provided in membership and  
program scholarships so that all  
can belong to the YMCA

**249,081 VISITS**

to our three  
YMCA branches

**\$232,681**

raised through our YMCA's  
annual campaigns and  
sponsorships

## LEAVING A LEGACY

### Geers Support Community With Estate Gift

A gift from the Curly and Betty Geer estate will help strengthen the community and local families for years to come through the work of the YMCA.

In 2018, the Don Sjogren Community YMCA received a gift of \$70,735 from the Geers, who were members of the YMCA's Heritage Club. Curly died in 2012, and Betty died in April 2018, and they had prearranged a gift to the YMCA to be given after their deaths.

"This is a very generous gift from Curly and Betty, and it will help strengthen the YMCA's ability to serve the community through programs that make a positive impact on children and families and the overall health of the community," YMCA Executive Branch Director Janell Brown said.

Curly and Betty's son, Kelly, said community was important to his parents.

"I know the Y was very important to them because it was a big part of the community," Kelly said. "They just felt they were very

fortunate so they wanted to do whatever they could to give back to the community."

Both Betty and Curly were active members of the Don Sjogren Community YMCA. During preparations to open the new YMCA building in 2006, Curly was the first person to volunteer to help move boxes and furniture from the "old Y" to the new location on Broadway Street.

Betty enjoyed the YMCA's morning Water Wake-Up class, where she found exercise to keep her active and mobile and a sense of belonging with the other class participants.

The Geers were members of the YMCA's Heritage Club, which is comprised of individuals and families who are committed to making a current or future gift to the YMCA Endowment Fund, providing the YMCA with a stable financial base and greater growth potential. Gift options may include naming the YMCA as a beneficiary of an insurance or IRA account, charitable trusts and outright gifts.





**465 KIDS**

learned how to swim in YMCA swim lessons

**91 KIDS**

safe and thriving in our after-school programs

**13,196 VISITS**

to YMCA Child Watch, giving parents a chance to exercise and kids a chance to socialize

## HEALTHIER KIDS & STRONG COMMUNITIES

In Nebraska, more than 15% of children are considered obese. The Y works to create programs that reduce the chances of obesity and instill healthy habits. Children involved in basketball, swim lessons, run club and Nerf Wars won't be sitting on the couch eating potato chips all day! They are staying active and learning valuable life lessons.

At the YMCA of the Prairie, winter also gets adults off the couch with adult sports leagues, group exercise classes, weight-loss challenges and Fit Farmers.

And families strengthen bonds at father-daughter date nights and traditional holiday events such as Gingerbread Houses & Santa.

The YMCA always seeks ways to help the community, and organizing food drives and 5K races encourage members to live healthier and helps those in need.

The Can Your Membership Drive encouraged members to donate more than 400 pounds of food for the Gothenburg food pantry!

And, in Lexington, 114 people signed up to walk or run in the annual Turkey Trot, which also benefits the local food pantry.





**2,071 KIDS**  
stay active and  
engaged in YMCA  
youth sports

**621 PEOPLE**  
inspired to live healthier  
at 2018 Healthy Kids  
Day events

**1,250 PEOPLE**  
attended the Grand  
Opening of the YMCA at  
Gothenburg Health

## A BRAND NEW DAY IN GOTHENBURG

Spring time at the Y means hundreds of children kicking, running and learning valuable life skills in YMCA Youth Soccer. It also means it's time for one of our biggest events of the year — Healthy Kids Day, where families connect with their community and become motivated to live healthier.

The Spring of 2018 was extra special for Gothenburg as it opened a brand new YMCA on April 27. It is one of the smallest YMCAs in the country! Approximately 1,250 people (or one-third of the entire town!) showed up to tour the Y during the Grand Opening!

Here's what one Gothenburg resident had to say about the Y:

"Exercising during the winter months has previously been a problem for me. However, this past fall, I joined the YMCA and started swimming every weekday afternoon. It is an activity that I look forward to doing and am thankful for the opportunity.

The director of the Y, along with the staff, is a class act. They are very friendly, helpful and fun to be around. The facilities are excellent and very well kept .... boarding on spotless.

A BIG THANKS to all the individuals and organizations who made the YMCA possible and those who make it work."

— Robert L. Mann





**1,529 MEALS**

served at the summer  
Kids Cafe in Holdrege

**443 KIDS**

avoiding summer  
learning loss at YMCA  
summer camps

**371 RUNNERS**

discovered potential in  
YMCA 5Ks and 10Ks

# ENRICHING SUMMERS, IMPROVING LIVES

Summer learning loss and childhood hunger are real problems in our communities. At the Y, we work to solve these issues.

All three YMCAs encourage kids to keep their brains and bodies working all summer long with enriching summer camps.

The Don Sjogren YMCA partners with donors and a local church to provide free summer lunches each weekday at the Kids Cafe.

Kids also stay active in summer baseball leagues, learn new physical skills in tennis, golf and volleyball clinics and expand their minds in cooking, craft and art classes.

In the summer of 2018, Ashlee Johnson and Eva Forkner were among

of group of students who participated in the Leaders in Training program in Holdrege.

Ashlee volunteered more than 100 hours at the Y!

Adults keep their brains and bodies working in creative classes at the Y and even learned how to repair their cars in the Let's Get Greasy class in Lexington.

And, hundreds of runners and walkers are encouraged to stay active by participating in the Silver Run in Holdrege and the Run and Fun 5K in Lexington each summer.





**656**

participated in Lexington's  
Transportation  
Celebration

**70 VETERANS**

honored with  
free breakfast on  
Veteran's Day

**518 ADULTS**

got back in the game in  
Adult Sports Leagues

# BUILDING MORE THAN MUSCLE

Fall gives kids a chance to discover their potential in flag football, cheer-leading, volleyball and swim team.

The Y is a leader in organizing youth sports in our communities with more than 2,000 kids participating each year.

But the Y is much more than sports and strong muscles.

Each fall, Lexington hosts its annual Transportation Celebration to honor local workers and bring families together. In 2018, the Y in Holdrege honored veterans with a free breakfast on Veteran's day.

And, the Y brought families together at fall family Halloween events.

The Y supports parents and kids with after-school programs in Holdrege and Gothenburg.

In 2014, the Holdrege YMCA after-school program brought generations together with the adopt-a-grandparent program. Students were matched with "grandparents" at Holdrege Memorial Homes and met for visits each week.

Although the adopt-a-grandparent program has ended, the bonds of friendship haven't as former after-school participant Gabby Klein still meets with her "grandma" Mary. Life changing!





## WE CAN DO MORE BECAUSE OF YOU!

### SIR GEORGE WILLIAMS

**\$10,000 and Greater**

Curly & Betty Geer Estate  
Landmark Implement  
Phelps County Community  
Foundation

### CPT. THOMAS VALENTINE SULLIVAN SOCIETY

**\$2,500-\$9,999**

Phelps Memorial Health Center  
Joe & Mallory Haas  
Phelps Medical Group  
First State Bank of Holdrege  
Coca-Cola Chesterman Company  
Steve & Barb Allen  
ruralMED Management Services  
Snow Redfern Foundation

### CHAIR'S ROUNDTABLE

**\$1,000-\$2,499**

Family Medical Specialties  
Great Western Bank  
Don & Sandy Kraus  
Kent & Janice Exstrom  
Brian & Jenice Bergstrom  
Kyle & Janell Brown  
Dr. Grant & Kay Hinze  
Central Valley Irrigation  
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Dairy Queen - Holdrege  
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Brock & Erin Sandy  
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Luke & Ashton Thorell  
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### DONORS \$200-\$999

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Growers Assn.  
Holdrege Soft Water  
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Gators Swim Team  
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Holdrege Family Vision  
Fraternal Order of Eagles  
Rodeway Inn  
Hilsabeck Sporting Goods  
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HAR Livestock Dispatch  
Glenwood Communications  
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Kim Lueking  
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Dr. Zach Egger & Dr. Kathryn Thelen  
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Thelma Steinshouer  
Roger & Martha Tweedy  
Linda Shefstad  
First State Bank of Loomis

### DONORS \$20-\$150

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Kyle & Samantha Minnick  
Ryan & Candance Miller  
Dean & Faye Anderson  
Denis & Tami Reese  
Robert & Paula Hunt  
Ann Anderson  
Kim Davenport  
Benjamin & Rebecca Loberg  
Sara Hill & Chance Swanson

### HERITAGE CLUB

The Heritage Club is comprised of individuals or families who have let the Y know that they are committed to giving a gift of at least \$1,000 to the YMCA Endowment Fund.

\* Indicates deceased

Anonymous  
Mike and Marcia Bussey  
Lois Carlson  
Cheryl Cox  
Julie Doolittle  
Gloria Erickson  
Curly\* and Betty\* Geer  
Bruce and Carol\* Hendrickson

Phil and Kim Hinrichs  
Doug and Laurie Hohman  
Chadd and Kristine Jacobson  
Brian and Julie Johnson  
Holly Johnson  
Jeff and Rachel Morgan  
Roy W.\* and Mary L. Pearson \*  
Don Sjogren\*

John and Wendy Skallberg  
Tom and Shirley Smith  
Rod and Jeanne Streff  
Jim\* and Dee\* Van Marter  
Robert and Michelle McCormick  
Monty and Tammy Vonasek  
Gary and Dot Wall  
Gerald Weber\*



# 2018 ORTHMAN COMMUNITY YMCA DONORS

## CPT. THOMAS VALENTINE SULLIVAN SOCIETY

**\$2,500-\$9,999**

Lexington Community Foundation  
Steve Heldt  
Optimist Club  
Union Pacific Foundation

## CHAIR'S ROUNDTABLE SOCIETY

**\$1,000-\$2,499**

Tyson  
Bryce & Julie Rickertsen  
Platte Valley Auto Mart  
Central Valley Irrigation  
Fairview Veterinary Clinic  
Plum Creek Medical Group  
Fontanelle, Travis Edeal  
Country Partners Cooperative,  
Trista Newcomb  
Designer Craft Woodworking INC  
Home Federal Bank  
Paulsen Inc  
Plum Creek Market Place  
Randy & Peg Carpenter  
Tom & Audrey Downey  
Arlene Edeal  
Dave & Carolyn Fairbanks  
John & Tricia Hakonson  
Mike Jeffrey  
Tod & Michele McKeone  
Aravind Menon & Brady Beecham  
Toby & Amy Owens  
Daniel & Tempie Roberts  
Ken & Melanie Vermaas

## DONORS \$200-\$999

LandMark Implement  
Mac's Creek Vineyards & Winery  
Service Master of Mid Nebraska  
Dan & Stacy Strauss

We express sincere gratitude to all of our donors for their continued support of our mission. We have listed here those who donated to the YMCA of the Prairie in 2018. We have done our best to ensure the accuracy of this listing. If there is an error, we hope you will accept our apologies and contact us to correct the error.

Plum Creek Motors, Tom Feltes  
Express Laundry  
Dave & Sheial Rowe  
Lexington Regional Health Center  
Bridge Street Auto, Jeff Bourke  
Lexington Family Dentistry  
Casey Ford  
Mike & Patty Mandelko  
Robert Stuart  
Doug & Theresa Wadkins  
Linda Shaw  
Roger & Cindy Reutlinger  
BHA Real Estate,  
Pattie Johnson  
Jones Plumbing and Heating  
U-Save Pharmacy, Travis Maloley  
Truman and Terri Burch  
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Team Detail, David Converse  
Dan's Sanitation  
Mac's Short Stop, Ed Derrick  
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K-Lawn of Lexington, Inc.,  
Eustis Body Shop,  
McDonalds  
City of Lexington  
Trius Federal Credit Union  
Peque Roofing, Ramon Prado  
Mead Lumber, Tyler Pratt

Shelter Insurance,  
Lexington Family Eyecare,  
Roberts Cattle Company,  
USA CommunicationsSign Pro  
Rex & Amy Adams  
Barney Insurance  
Great Western Bank  
H O Smith Company  
Nebraskaland Tire  
Kirk's Nebraskaland Restaurant  
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## DONORS \$25-\$150

Bennett Advertising  
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Dennis & Nancy Thorell  
John & Sharon Vise  
Dorothy Woodside

# 2018 YMCA AT GOTHENBURG HEALTH DONORS

## CHAIR'S ROUNDTABLE \$1,000-\$2,499

Charolett & Verlin Janssen  
Deborah & Michael Bacon  
Niki & Aaron Salomon  
Phillip Rysdon, Sioux Steel  
Company Foundation  
Cynthia & Mark Peyton, in honor  
of Alex, Reese & Amelia  
Becky & Andy Jobman  
Lynnette & Robin Stevens  
Amber Burge,  
Gothenburg State Bank  
Matthew Williams  
Joyce Hudson/Jansen Trucking Co.  
Gary Mroczek,  
Pony Express Chevrolet

Archie & Jan Rickertson  
Taryn Vonderschmidt,  
Eastside Animal Center

## DONORS \$200-\$999

Julie & Greg Czochara  
David & Jana Jobman  
David & Jill Boyd  
Gene & Velma Schriver  
Mary & Jim Clark  
Mick Brant, Gothenburg Health  
Mick Brant, in honor of  
Becky Jobman, Tina Therrien,  
& Michael Pracheil  
Charity & Nate Wyatt  
Jim & Judy Haver

Luke & Julie Rickertsen  
Adrienne & Michael Thomalla  
Lisa Franzen  
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## DONORS \$10-\$150

Niki Salomon  
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## PROGRAM SPONSORS

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Juney B Aesthetics LLC  
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Hicken Lumber & Home Center  
Jensen Trucking Co., Inc.  
Gothenburg Realty Inc.  
Lasso Espresso  
Bazata Insurance Agency  
Eustis Plumbing & Heating  
Gothenburg Irrigation  
& Well Service  
Hexco Dentistry



## YMCA OF THE PRAIRIE LEADERSHIP TEAM

**FRONT FROM LEFT:** Amy Adams, Associate Executive Director, Lexington; Julie Czochara, Branch Executive Director, Gothenburg; Riley Gruntorad, CEO and Lexington Branch Director; Janell Brown, Branch Executive Director, Holdrege; Gwen Ruppert, Business Manager, Holdrege.

**MIDDLE FROM LEFT:** Antonia Mendez, Child Care Coordinator, Gothenburg; Terri Burch, Wellness Manager, Lexington; Kresha Hagen, The Crossing Building Coordinator, Lexington; Shannon Kruback, Afterschool Program/Summer Camp Coordinator, Holdrege; Natasha Manahan, Group Exercise and Personal Training Coordinator, Holdrege; Amber Holbrook, Child Watch Coordinator, Lexington.

**BACK FROM LEFT:** Lisa Franzen, Membership Coordinator, Gothenburg; Isaac Egenberger, Program Coordinator, Gothenburg; LeShaun Thornabar, Program Coordinator, Lexington; Joel Pelster, Sports Program Director, Holdrege; Chris Cox, Program Director Lexington. Not Pictured: Daniel Knoell, Facilities Director, Holdrege.

**THE YMCA OF THE PRAIRIE PROVIDES 227 JOBS IN SOUTH-CENTRAL NEBRASKA**  
**69 in GOTHENBURG    99 in HOLDREGE    59 in LEXINGTON**

## YMCA OF THE PRAIRIE VOLUNTEER LEADERS

### YMCA OF THE PRAIRIE ASSOCIATION BOARD

Amy Biehl-Owens, CVO  
 Mark Harrel, Vice President  
 Andrew Weides, Treasurer  
 Robert McCormick, Secretary  
 Gloria Erickson  
 Steve Heldt  
 Brad Johnson  
 Don Kraus  
 Tod McKeone  
 Chris McQuillan  
 Mark Peyton  
 Karen Stute

### ORTHMAN COMMUNITY YMCA BRANCH BOARD

Tod McKeone, President  
 Dave Rowe, Vice President  
 Amy Biehl-Owens  
 Connie Bennett  
 Meagan Copley  
 Oscar De La Torre  
 Wade Eschenbrenner  
 Steve Heldt  
 Roger Reutlinger  
 Blake Reynolds  
 Nick Reynolds  
 Holly Rickertsen  
 Skyler Roemmich  
 Tom Wisdom

### DON SJOGREN YMCA BRANCH BOARD

Don Kraus, President  
 Lacie Westcott, Vice President  
 Barb Allen  
 Bob Ide  
 Grant Hinze  
 Eric Hixson  
 Travis Horner  
 Connie Lans  
 Pam Sandy  
 Karen Stute

### YMCA AT GOTHENBURG HEALTH BRANCH BOARD

Mark Peyton, Chair  
 Mike Bacon  
 Mick Brant  
 Amber Burge  
 Travis Coe  
 Bruce Clymer  
 Joyce Hudson  
 Verlin Janssen  
 Becky Jobman  
 Jana Jobman  
 Mark Oberg  
 Jan Rickertsen  
 Niki Solomon  
 Dr. Mike Teahon  
 Charity Wyatt



## YMCA OF THE PRAIRIE ASSOCIATION 2018

### ASSETS & LIABILITIES

Total Assets.....	\$6,071,171
Total Liabilities.....	\$307,440

### ENDOWMENT FUND

Endowment Gifts 2018 .....	\$73,305
Endowment as of Dec. 31 .....	\$1,016,448

### 2018 FINANCIAL STATEMENT PUBLIC SUPPORT

Contributions.....	\$248,329
Grants .....	\$3,050

### EARNED INCOME

Membership .....	\$1,360,503
Programs .....	\$378,677
Investment Income .....	(\$58,876)
Other Income.....	\$114,424
TOTAL INCOME.....	\$2,116,842

### EXPENSES

Personnel Expense .....	\$1,252,640
Professional & Contract Fees .....	\$140,698
Occupancy & Insurance .....	\$521,059
Advertising & Marketing .....	\$70,867
Interest & Financing .....	\$37,615
Depreciation.....	\$279,363
Program, Supplies & Other Expense .....	\$259,711
TOTAL OPERATING EXPENSE .....	\$2,561,953



## YMCA OF THE PRAIRIE

HOLDREGE, LEXINGTON, GOTHENBURG

PO Box 618

Holdrege, NE 68949

Or Current Resident

## OUR MISSION

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

## OUR CAUSE

At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

## COMMUNITIES SERVED

Alma • Amherst • Arnold • Arapahoe • Atlanta • Axtell • Beaver City • Bertrand • Brady • Broken Bow • Callaway • Campbell • Cozad • Eddyville • Edison • Elm Creek • Elwood • Eustis • Farnam • Franklin • Funk • Gibbon • Gothenburg • Hildreth • Holbrook • Holdrege • Huntley • Johnson Lake • Kearney • Lexington • Loomis • Maxwell • Miller • Minden • Naponee • Oconto • Orleans • Overton • Oxford • Phillipsburg, KS • Pleasanton • Ragan • Republican City • Smithfield • Stamford • Sumner • Upland • Wilcox