HERE FOR YOU IN EVERY SEASON
SUMMER • FALL • WINTER • SPRING • TODDLERS • CHILDREN • TEENS • ADULTS • SENIORS

YMCA OF THE PRAIRIE 2018 ANNUAL REPORT

DON SJOGREN COMMUNITY YMCA • 1415 Broadway • Holdrege
ORTHMAN COMMUNITY YMCA • 1207 N. Grant • Lexington
YMCA AT GOTHENBURG HEALTH • 910 20th Street • Gothenburg
The Y will be here for our community through every **SEASON OF LIFE** and **SEASON OF THE YEAR.** It’s a place where infants and toddlers find their first friends in YMCA Child Watch; kids and teens learn leadership skills and teamwork in YMCA programs like swim team, soccer and summer camp; adults gain the support and motivation they need to sustain a healthy lifestyle; and retirees stay active and connected with friends.

Volunteers in Holdrege, Lexington and Gothenburg didn’t spend countless hours raising funds and support for just another fitness center. They knew the value and importance of a YMCA and how it can strengthen a community and the people who live in it.

Take a look inside our 2018 annual report to discover how the Y has been a catalyst for social change and improving the lives of South-Central Nebraskans this past year.

**OUR FOCUS**

**We are for YOUTH DEVELOPMENT:** We believe that all kids deserve the opportunity to discover who they are and what they can achieve.

**We are for HEALTHY LIVING:** We strive to be a leading voice on health and well-being. With a mission centered on balance, the Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests.

**We are for SOCIAL RESPONSIBILITY:** The Y listens to and responds to our communities’ critical needs. Through our volunteers and donors, leaders and partners, we strive to empower our community members to be healthy, confident, connected and secure.
MAKING AN IMPACT

9,085 MEMBERS
and 3,702 membership units
are part of the YMCA OF THE PRAIRIE Association

$233,300
was provided in membership and
program scholarships so that all
can belong to the YMCA

249,081 VISITS
to our three
YMCA branches

$232,681
raised through our YMCA’s
annual campaigns and
sponsorships

LEAVING A LEGACY
Geers Support Community With Estate Gift

A gift from the Curly and Betty Geer estate will help strengthen the community and local families for years to come through the work of the YMCA.

In 2018, the Don Sjogren Community YMCA received a gift of $70,735 from the Geers, who were members of the YMCA’s Heritage Club. Curly died in 2012, and Betty died in April 2018, and they had prearranged a gift to the YMCA to be given after their deaths.

“This is a very generous gift from Curly and Betty, and it will help strengthen the YMCA’s ability to serve the community through programs that make a positive impact on children and families and the overall health of the community,” YMCA Executive Branch Director Janell Brown said.

Curly and Betty’s son, Kelly, said community was important to his parents.

“I know the Y was very important to them because it was a big part of the community,” Kelly said. “They just felt they were very fortunate so they wanted to do whatever they could to give back to the community.”

Both Betty and Curly were active members of the Don Sjogren Community YMCA. During preparations to open the new YMCA building in 2006, Curly was the first person to volunteer to help move boxes and furniture from the “old Y” to the new location on Broadway Street.

Betty enjoyed the YMCA’s morning Water Wake-Up class, where she found exercise to keep her active and mobile and a sense of belonging with the other class participants.

The Geers were members of the YMCA’s Heritage Club, which is comprised of individuals and families who are committed to making a current or future gift to the YMCA Endowment Fund, providing the YMCA with a stable financial base and greater growth potential. Gift options may include naming the YMCA as a beneficiary of an insurance or IRA account, charitable trusts and outright gifts.
HEALTHIER KIDS & STRONG COMMUNITIES

In Nebraska, more than 15% of children are considered obese. The Y works to create programs that reduce the chances of obesity and instill healthy habits. Children involved in basketball, swim lessons, run club and Nerf Wars won’t be sitting on the couch eating potato chips all day! They are staying active and learning valuable life lessons.

At the YMCA of the Prairie, winter also gets adults off the couch with adult sports leagues, group exercise classes, weight-loss challenges and Fit Farmers.

And families strengthen bonds at father-daughter date nights and traditional holiday events such as Gingerbread Houses & Santa.

The YMCA always seeks ways to help the community, and organizing food drives and 5K races encourage members to live healthier and helps those in need.

The Can Your Membership Drive encouraged members to donate more than 400 pounds of food for the Gothenburg food pantry!

And, in Lexington, 114 people signed up to walk or run in the annual Turkey Trot, which also benefits the local food pantry.
A BRAND NEW DAY IN GOTHENBURG

Spring time at the Y means hundreds of children kicking, running and learning valuable life skills in YMCA Youth Soccer. It also means it’s time for one of our biggest events of the year — Healthy Kids Day, where families connect with their community and become motivated to live healthier.

The Spring of 2018 was extra special for Gothenburg as it opened a brand new YMCA on April 27. It is one of the smallest YMCAs in the country! Approximately 1,250 people (or one-third of the entire town!) showed up to tour the Y during the Grand Opening!

Here’s what one Gothenburg resident had to say about the Y:

“Exercising during the winter months has previously been a problem for me. However, this past fall, I joined the YMCA and started swimming every weekday afternoon. It is an activity that I look forward to doing and am thankful for the opportunity.

The director of the Y, along with the staff, is a class act. They are very friendly, helpful and fun to be around. The facilities are excellent and very well kept .... boarding on spotless.

A BIG THANKS to all the individuals and organizations who made the YMCA possible and those who make it work.”

— Robert L. Mann
Summer learning loss and childhood hunger are real problems in our communities. At the Y, we work to solve these issues.

All three YMCAs encourage kids to keep their brains and bodies working all summer long with enriching summer camps.

The Don Sjogren YMCA partners with donors and a local church to provide free summer lunches each weekday at the Kids Cafe.

Kids also stay active in summer baseball leagues, learn new physical skills in tennis, golf and volleyball clinics and expand their minds in cooking, craft and art classes.

In the summer of 2018, Ashlee Johnson and Eva Forkner were among of group of students who participated in the Leaders in Training program in Holdrege. Ashlee volunteered more than 100 hours at the Y!

Adults keep their brains and bodies working in creative classes at the Y and even learned how to repair their cars in the Let’s Get Greasy class in Lexington.

And, hundreds of runners and walkers are encouraged to stay active by participating in the Silver Run in Holdrege and the Run and Fun 5K in Lexington each summer.
Fall gives kids a chance to discover their potential in flag football, cheer-leading, volleyball and swim team.

The Y is a leader in organizing youth sports in our communities with more than 2,000 kids participating each year.

But the Y is much more than sports and strong muscles.

Each fall, Lexington hosts its annual Transportation Celebration to honor local workers and bring families together. In 2018, the Y in Holdrege honored veterans with a free breakfast on Veteran’s Day.

And, the Y brought families together at fall family Halloween events.

The Y supports parents and kids with after-school programs in Holdrege and Gothenburg.

In 2014, the Holdrege YMCA after-school program brought generations together with the adopt-a-grandparent program. Students were matched with “grandparents” at Holdrege Memorial Homes and met for visits each week.

Although the adopt-a-grandparent program has ended, the bonds of friendship haven’t as former after-school participant Gabby Klein still meets with her “grandma” Mary. Life changing!
**2018 DON SJOGREN COMMUNITY YMCA DONORS**

**WE CAN DO MORE BECAUSE OF YOU!**

**SIR GEORGE WILLIAMS**
$10,000 and Greater
- Curly & Betty Geer Estate
- Landmark Implement
- Phelps County Community Foundation

**CPT. THOMAS VALENTINE SULLIVAN SOCIETY**
$2,500-$9,999
- Phelps Memorial Health Center
- Joe & Mallory Haas
- Phelps Medical Group
- First State Bank of Holdrege
- Coca-Cola Chesterman Company
- Steve & Barb Allen
- ruralMED Management Services
- Snow Redfern Foundation

**CHAIR’S ROUNDTABLE**
$1,000-$2,499
- Family Medical Specialties
- Great Western Bank
- Don & Sandy Kraus
- Kent & Janice Exstrom
- Brian & Jenice Bergstrom
- Kyle & Janell Brown
- Dr. Grant & Kay Hinz
- Central Valley Irrigation
- John & Wendy Skallberg
- KRD Federal Credit Union
- Holdrege Rotary Club
- John & Janet Boheler
- Dave Rosenthal
- Nebraskanland Aviation
- Todd & Nancy Garrels
- Mark Harrel
- Leora & Collis Smith
- Beth & Brad Allmand
- Mary Anna Anderson
- Bruning State Bank
- CHS Agri Coop
- Dairy Queen - Holdrege
- Michael & Melissa Drain
- Dr. Jeffrey & Jenni Berney
- Great Western Bank
- Bruce Hendrickson

**DONORS $200-$999**
- Durable Service
- Ted & Lenore Kayton
- Bob & Marilyn Ide
- Real Estate Connection, Inc.
- Christian Homes
- Four G Farms
- Sunset Ag
- Runza Restaurant
- Green Landscapes
- Popple Construction
- NAS Realty
- Cargill Incorporated
- J.D. Schluntz
- Fane & Gwen Ruppert
- Holdrege Irrigation
- Janssen Auto Group
- Bunker Hill Farms Inc.
- Jeff & Cheryl Cox
- Dr. Scott & Melanie Ehresman
- Virginia Gustafson
- David & Tasha Manahan
- Joel Pelster
- Dan & Jessica Knoell
- Glen & Lisa Strickland
- Lundeen-Isaacsco Ins-Barney Ins
- Jolene Nelson
- Dr. Doug & Laurie Hohman
- Dr. Tom Nelsen
- Titan Machinery Inc.
- Rod & Jeanne Streff
- Principal Financial Group
- Turner Body Shop
- Wells Flying Service
- Kimberly Tax Service

**DONORS $20-$150**
- Bernie & Bonnie Reed
- Scott & Michele High
- Roger & Marlis Allmand
- Colby & Brooke Wohlgemuth
- Pro Building Supply
- Paulsen, Inc.
- Bosselman Energy, Inc.
- Steve & Gayleen Maurer
- Cole Haying
- Jim Ostgren Construction
- Aurora Cooperative
- Ag West Commodities

**HERITAGE CLUB**
The Heritage Club is comprised of individuals or families who have let the Y know that they are committed to giving a gift of at least $1,000 to the YMCA Endowment Fund.

- Anonymous
- Mike and Marcia Bussey
- Lois Carlson
- Cheryl Cox
- Julie Doolittle
- Gloria Erickson
- Curly* and Betty* Geer
- Bruce and Carol* Hendrickson
- Phil and Kim Hinrichs
- Doug and Laurie Hohman
- Chadd and Kristine Jacobson
- Brian and Julie Johnson
- Holly Johnson
- Jeff and Rachel Morgan
- Roy W.* and Mary L. Pearson *
- Don Sjogren*

**2018 DON SJOGREN COMMUNITY YMCA DONORS**

**2018 ANNUAL REPORT | YMCA OF THE PRAIRIE**
We express sincere gratitude to all of our donors for their continued support of our mission. We have listed here those who donated to the YMCA of the Prairie in 2018. We have done our best to ensure the accuracy of this listing. If there is an error, we hope you will accept our apologies and contact us to correct the error.

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**2018 ORTHMAN COMMUNITY YMCA DONORS**

**CPT. THOMAS VALENTINE SULLIVAN SOCIETY**

$2,500-$9,999
- Lexington Community Foundation
- Steve Heldt
- Optimist Club
- Union Pacific Foundation

**CHAIR’S ROUNDTABLE SOCIETY**

$1,000-$2,499
- Tyson
- Bryce & Julie Rickertsen
- Platte Valley Auto Mart
- Central Valley Irrigation
- Fairview Veterinary Clinic
- Plum Creek Medical Group
- Fontanelle, Travis Edeal
- Country Partners Cooperative, Trista Newcomb
- Designer Craft Woodworking Inc
- Home Federal Bank
- Paulsen Inc
- Plum Creek Market Place
- Randy & Peg Carpenter
- Tom & Audrey Downey
- Arlene Edeal
- Dave & Carolyn Fairbanks
- John & Tricia Hakonson
- Mike Jeffrey
- Tod & Michele McKeone
- Aravind Menon & Brady Beecham
- Toby & Amy Owens
- Daniel & Tempie Roberts
- Ken & Melanie Vermaas

**DONORS $200-$999**
- LandMark Implement
- Macs Creek Vineyards & Winery
- Service Master of Mid Nebraska
- Dan & Stacy Strauss
- Plum Creek Motors, Tom Feltes
- Express Laundry
- Dave & Sheila Rowe
- Lexington Regional Health Center
- Bridge Street Auto, Jeff Bourke
- Lexington Family Dentistry
- Casey Ford
- Mike & Patty Mandelko
- Robert Stuart
- Doug & Theresa Wadkins
- Linda Shaw
- Roger & Cindy Reutlinger
- BHA Real Estate, Pattie Johnson
- Jones Plumbing and Heating
- U-Save Pharmacy, Travis Maloley
- Trumon and Terri Burch
- Bruce & Theresa Stuart
- Team Detail, David Converse
- Dan’s Sanitation
- Mac’s Short Stop, Ed Derrick
- Downey Drilling, Inc., Tom & Audrey Downey
- Eilers Machine & Welding, Anne Eilers
- Casey’s General Store
- K-Lawn of Lexington, Inc., Eustis Body Shop, McDonalds
- City of Lexington
- Trius Federal Credit Union
- Peque Roofing, Ramon Prado
- Mead Lumber, Tyler Pratt
- Shelter Insurance, Lexington Family Eyecare, Roberts Cattle Company, USA Communications
- Sign Pro
- Rex & Amy Adams
- Barney Insurance
- Great Western Bank
- H O Smith Company
- Nebraskaland Tire
- Kirk’s Nebraskaland Restaurant
- Brian & Meagan Copley
- Wade & Brenda Eschenbrenner
- Daniel & Shannon Keller
- Betty J Rowe
- Rick & Pam Trampe
- Jeff & Gail Wightman
- Kresha Hagan
- Contryn Associates
- D-Sal Inc.
- Robert & Natalie Anderson
- Dean & Pam Brand
- Terry & Sheri Crawford
- Dave & Mag Fagot
- Travis & Katie Maloley
- Craig & Teri Uden

**DONORS $25-$150**
- Bennett Advertising
- Garth & Katie Mins
- Banie Cattle Co.
- PBL Inc
- Reynolds Farm
- Rod & Susan Reynolds

**CHAIR’S ROUNDTABLE**

$1,000-$2,499
- Charolett & Verlin Janssen
- Deborah & Michael Bacon
- Niki & Aaron Salomon
- Phillip Rysdon, Sioux Steel Company Foundation
- Cynthia & Mark Peyton, in honor of Alex, Reese & Amelia
- Becky & Andy Jobman
- Lynnette & Robin Stevens
- Amber Burge, Gothenburg State Bank
- Matthew Williams
- Joyce Hudson/Jansen Trucking Co.
- Gary Mroczek, Pony Express Chevrolet
- Archie & Jan Rickertson
- Taryn Vonderschmidt, Eastside Animal Center
- Luke & Julie Rickertsen
- Adrienne & Michael Thomalla
- Lisa Franzen
- Mick & Laura Brant

**DONORS $200-$999**
- Julie & Greg Czochara
- David & Jana Jobman
- David & Jill Boyd
- Gene & Velma Schriver
- Mary & Jim Clark
- Mick Brant, Gothenburg Health
- Mick Brant, in honor of Becky Jobman, Tina Therrien, & Michael Prachiel
- Charity & Nate Wyatt
- Jim & Judy Haver

**DONORS $10-$150**
- Niki Salomon
- IMO Ron Kaufman
- Natalie & Randy Waskowiak
- Patty Egenberger
- Reges & Eddie Fruit
- Ed Lewis
- Dennis & Susan Kirkpatrick
- Jack & Faye Kniss
- Scott & Sheila Hillius
- Myra & Dale Gronewold

**PROGRAM SPONSORS**
- Rehab Vision
- Jack Ostergard
- Charolett & Verlin Janssen
- Gothenburg State Bank
- Pony Express Family Dentistry
- Juney B Aesthetics LLC
- Lynette & Robin Stevens
- Hicken Lumber & Home Center
- Jensen Trucking Co., Inc.
- Gothenburg Realty Inc.
- Lasso Espresso
- Bazata Insurance Agency
- Eustis Plumbing & Heating
- Gothenburg Irrigation & Well Service
- Hecox Dentistry

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**2018 YMCA AT GOTHENBURG HEALTH DONORS**

**CPT. THOMAS VALENTINE SULLIVAN SOCIETY**

$2,500-$9,999
- Lexington Community Foundation
- Steve Heldt
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- Patty Egenberger
- Reges & Eddie Fruit
- Ed Lewis
- Dennis & Susan Kirkpatrick
- Jack & Faye Kniss
- Scott & Sheila Hillius
- Myra & Dale Gronewold

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**2018 ANNUAL REPORT | YMCA OF THE PRAIRIE | 9**
YMCA OF THE PRAIRIE LEADERSHIP TEAM

FRONT FROM LEFT: Amy Adams, Associate Executive Director, Lexington; Julie Czochara, Branch Executive Director, Gothenburg; Riley Gruntorad, CEO and Lexington Branch Director; Janell Brown, Branch Executive Director, Holdrege; Gwen Ruppert, Business Manager, Holdrege.

MIDDLE FROM LEFT: Antonia Mendez, Child Care Coordinator, Gothenburg; Terri Burch, Wellness Manager, Lexington; Kresha Hagen, The Crossing Building Coordinator, Lexington; Shannon Kruback, Afterschool Program/Summer Camp Coordinator, Holdrege; Natasha Manahan, Group Exercise and Personal Training Coordinator, Holdrege; Amber Holbrook, Child Watch Coordinator, Lexington.

BACK FROM LEFT: Lisa Franzen, Membership Coordinator, Gothenburg; Isaac Egenberger, Program Coordinator, Gothenburg; LeShaun Thornabear, Program Coordinator, Lexington; Joel Pelster, Sports Program Director, Holdrege; Chris Cox, Program Director Lexington. Not Pictured: Daniel Knoell, Facilities Director, Holdrege.

THE YMCA OF THE PRAIRIE PROVIDES 227 JOBS IN SOUTH-CENTRAL NEBRASKA

69 in GOTHENBURG 99 in HOLDREGE 59 in LEXINGTON

YMCA OF THE PRAIRIE VOLUNTEER LEADERS

YMCA OF THE PRAIRIE ASSOCIATION BOARD
Amy Biehl-Owens, CVO
Mark Harrel, Vice President
Andrew Weides, Treasurer
Robert McCormick, Secretary
Gloria Erickson
Steve Heldt
Bray Johnson
Don Kraus
Tod McKeone
Chris McQuillan
Mark Peyton
Karen Stute

ORTHMAN COMMUNITY YMCA BRANCH BOARD
Tod McKeone, President
Dave Rowe, Vice President
Amy Biehl-Owens
Connie Bennett
Meagan Copley
Oscar De La Torre
Wade Eschenbrenner
Steve Heldt
Roger Reutlinger
Blake Reynolds
Nick Reynolds
Holly Rickertsen
Skyler Roemmich
Tom Wisdom

DON SJOGREN YMCA BRANCH BOARD
Don Kraus, President
Lacie Westcott, Vice President
Barb Allen
Bob Ide
Grant Hinze
Eric Hixson
Travis Horner
Connie Lans
Pam Sandy
Karen Stute

YMCA AT GOTHENBURG HEALTH BRANCH BOARD
Mark Peyton, Chair
Mike Bacon
Mick Brant
Amber Burge
Travis Coe
Bruce Clymer
Joyce Hudson
Verlin Janssen
Becky Jobman
Jana Jobman
Mark Oberg
Jan Rickertsen
Niki Solomon
Dr. Mike Teahon
Charity Wyatt
### YMCA OF THE PRAIRIE ASSOCIATION 2018

#### ASSETS & LIABILITIES

- **Total Assets** $6,071,171
- **Total Liabilities** $307,440

#### ENDOWMENT FUND

- **Endowment Gifts 2018** $73,305
- **Endowment as of Dec. 31** $1,016,448

#### 2018 FINANCIAL STATEMENT

##### PUBLIC SUPPORT

- **Contributions** $248,329
- **Grants** $3,050

##### EARNED INCOME

- **Membership** $1,360,503
- **Programs** $378,677
- **Investment Income** $(58,876)
- **Other Income** $114,424
- **TOTAL INCOME** $2,116,842

##### EXPENSES

- **Personnel Expense** $1,252,640
- **Professional & Contract Fees** $140,698
- **Occupancy & Insurance** $521,059
- **Advertising & Marketing** $70,867
- **Interest & Financing** $37,615
- **Depreciation** $279,363
- **Program, Supplies & Other Expense** $259,711
- **TOTAL OPERATING EXPENSE** $2,561,953
OUR MISSION
To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

OUR CAUSE
At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

COMMUNITIES SERVED
Alma ● Amherst ● Arnold ● Arapahoe ● Atlanta ● Axtell ● Beaver City ● Bertrand ● Brady ● Broken Bow ● Callaway ● Campbell ● Cozad ● Eddyville ● Edison ● Elm Creek ● Elwood ● Eustis ● Farnam ● Franklin ● Funk ● Gibbon ● Gothenburg ● Hildreth ● Holbrook ● Holdrege ● Huntley ● Johnson Lake ● Kearney ● Lexington ● Loomis ● Maxwell ● Miller ● Minden ● Naponee ● Oconto ● Orleans ● Overton ● Oxford ● Phillipsburg, KS ● Pleasanton ● Ragan ● Republican City ● Smithfield ● Stamford ● Sumner ● Upland ● Wilcox