



# YMCA AT GOTHENBURG HEALTH

## November & December 2017 Programs

### After School Program

September 2017–May 2018  
Call 991-4135 for details or to register.

### Journalism 101

Thursdays, Nov. 2 & Nov. 9  
Time: 6–7:30 p.m.  
Instructor: Ellen Mortensen  
Grades 3–5

Lear how to create, write and report news and events. The first session will explain how we put a newspaper together a general overview. We will also talk about different story ideas. Then, we will split into smaller groups and each group work on a “story” for the paper. In the second session we will conduct interviews, put the stories together and then build the pages. I will actually build pages with their stories on them, print them out and bring them to the participants. A short follow-up session will be scheduled so the participants can receive and read their very own first edition newspaper!!  
Fee: \$5 M/\$7 NM

### Game Nights

Eucher Game Night — Tuesday, Nov. 7, 6–7 p.m.  
Pinochle Game Night — Tuesday, Nov. 14, 6–7 p.m.  
Ages 16 and older  
In this class you will learn the fundamentals of Eucher, the terminology, scoring and basic strategies of the game. There are a variety of ways to play but here you will learn 4 handed and if enough people attend, will get to practice what you learned and play a few hands together.  
Whether you are a first timer wanting to learn or a past player looking to refresh your knowledge of a game you used to play, this will be fun for all who attend.  
Fee: \$5 M/\$7 NM.

### 3-on-3 Basketball Tournament

Grades 4–6: Nov. 16  
Grades 7–9: Nov. 17  
Time: 6–8 p.m.  
Register by 11/1  
Fee: \$20 per team M/\$35 per team NM. To receive member rate, at least one member of the team has to be a YMCA member.  
Location: Gothenburg High School Gym



### Holiday Nerf Wars

Tuesday, 12/12,  
6–7:30 p.m.  
Grades 1–6  
Bring your Nerf gun and join us for a battle with foam darts to find out who can battle their way to capture Santa!  
Fee: \$5 M/\$10 NM

### Safe Sitter®

Wednesdays, Dec. 6 & 13  
Grades 6–8  
This a 2-day class  
2:45 p.m.–5 p.m.  
Class Limit 16  
The Safe Sitter® curriculum is designed exclusively for young teens in grades 6–8 and covers the following areas: safety skills, child care skills, first aid & rescue skills, and life & business skills. Safe Sitter® courses are instructor-led and interactive, with hands-on demonstrations and skills practice using soft-bodied dolls and medical manikins.  
\$35 M or NM



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